



MAS MATTERS

A Quarterly Newsletter for Midland Adult Services

Family Matters!



Nothing is more special than time spent together at the annual Explores Family Day. We traveled back to the 90s for a day filled with family, friendship, laughter, and fun!



From the desk of Shawn M. McInerney President/CEO



I hope you and your family are well.

I am writing to emphasize the importance of maintaining Medicaid eligibility for your family member. The federal 2025 Budget Reconciliation Act has already begun to significantly affect Medicaid eligibility and coverage. While the law includes provisions that will take effect on different timelines, there are two key changes I want to highlight.

First, Medicaid eligibility redeterminations will occur every six months instead of annually. Second, the period for retroactively reinstating Medicaid eligibility after a termination has been reduced to just one month. I encourage you to visit our state partner at: <https://www.nj.gov/humanservices/dmahs/obbba/medicaid-federal-changes.shtml> . There are tools and timelines there to help you plan.

Midland is a Division of Developmental Disabilities (DDD) Medicaid-approved provider organization. As a result, all adults receiving services and support through Midland must maintain their Medicaid eligibility. Any termination of Medicaid eligibility may lead to a serious loss or disruption of services. Services paid for through Medicaid reimbursement include:

Explores (Day Habilitation)	Behavioral Supports
Supported Employment	Respite (After day program supports)
Group Home and Supervised Apartment services (Individual Supports)	Transportation

Maintaining Medicaid is also essential to ensure that adults with intellectual and developmental disabilities retain their health insurance. This coverage helps pay for physician visits, necessary health-sustaining medications and Support Coordination services (case management).

Midland's Finance Office conducts eligibility checks on or about the first of the month. We may reach out to you to request your assistance to maintain eligibility. Redetermination notices are typically sent by U.S. mail, so it is critical that you check your mail regularly and respond to any notices as soon as practical.

We are all in this together, and Midland staff are here to help.

Best Regard,

Shawn M. McInerney

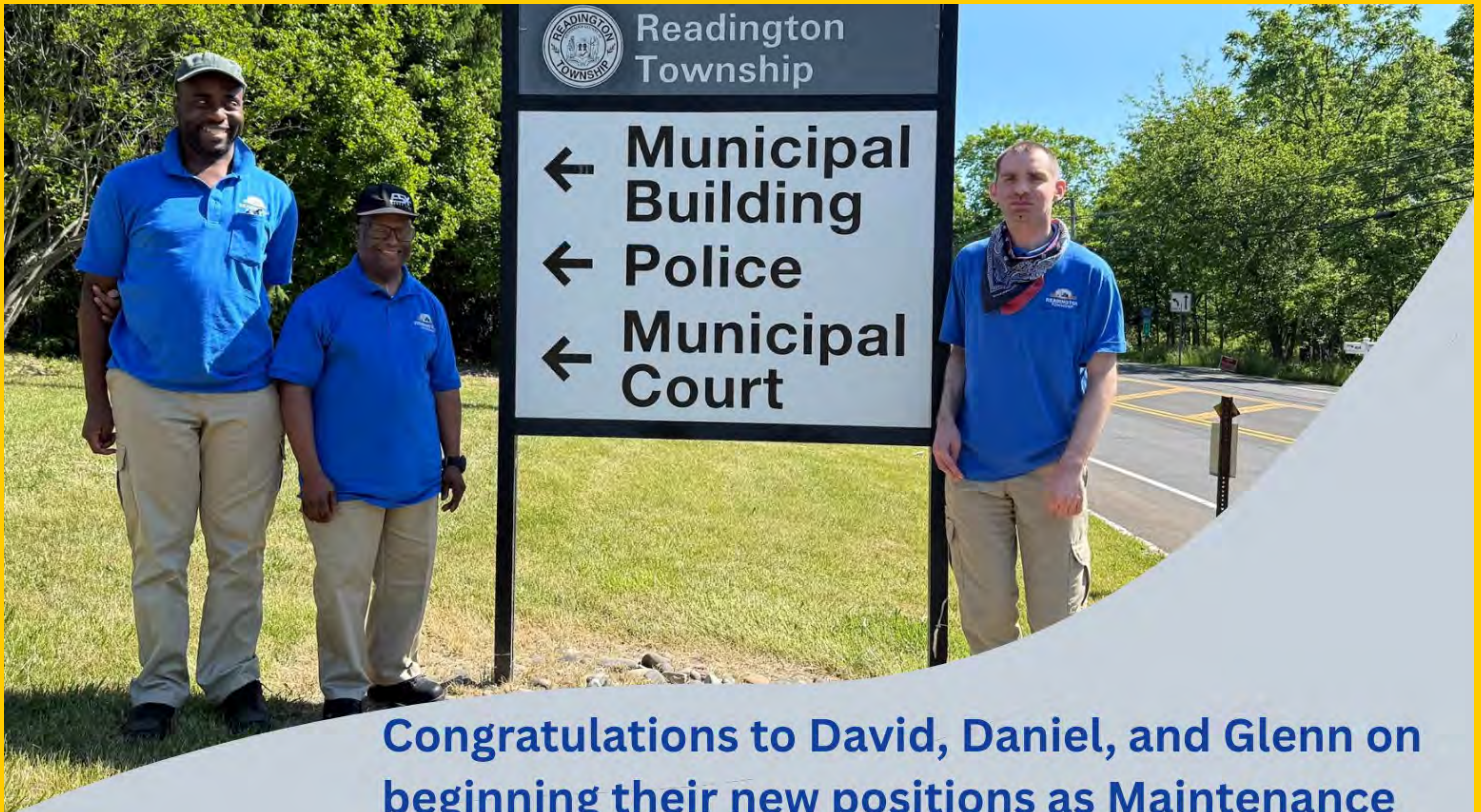
Employment Services



Building connections, expanding horizons, and inspiring futures—our Work Center is proud to welcome community partners from April through June who are sharing their work and opening doors to new possibilities for our adult participants.

Thank you to these amazing groups from many departments of S.E.R.V., Merck Fire Dept., ARC of NJ, Somerset Patriots, J & J, Raritan Valley Habitat for Humanity, for taking the time to connect, share, and inspire—we are truly grateful for your commitment to service and our community.





Congratulations to David, Daniel, and Glenn on beginning their new positions as Maintenance Attendants with Readington Township!

Since starting on May 18, 2026, the team has been working two days a week, helping maintain several township facilities, including the Police Station, Municipal Building/Administration Office, Department of Public Works, the Library, and the local Museum.

Their responsibilities include light maintenance tasks such as dusting, vacuuming, and mopping, while gaining valuable hands-on work experience in an integrated community setting.

In just a short time, Midland's Employment Services team has built a wonderful working relationship with the employees of Readington Township. This exciting partnership reflects the power of collaboration, inclusion, and meaningful employment opportunities for the individuals we support.

We are proud of David, Daniel, and Glenn as they continue to develop new skills, build confidence, and make a positive impact in their community. Congratulations on this exciting new chapter!

Staff Spotlight



IRENE FRANCIS

For the past 19 years, Irene Francis has been a passionate advocate for adults participating in Midland's Work Center, helping to create meaningful employment opportunities that promote independence, confidence, and community inclusion.

As Midland's Developer of Business Partnerships, Irene works diligently to build relationships with local employers and create opportunities for Midland adults to succeed in the workplace. Through persistence, patience, and a strong belief in each individual's abilities, she has helped overcome barriers and misconceptions while opening doors to meaningful employment.

Since 2018, Irene has successfully secured employment opportunities for 36 Midland adults across 11 employment sites. One of her greatest joys is seeing individuals discover their strengths, gain confidence, learn new skills, build workplace relationships, and achieve greater independence through meaningful work.

Irene values the opportunity to learn something new every day and enjoys working alongside a supportive team of colleagues who share her commitment to making a difference. Throughout her career, she has learned the importance of communication, collaboration, and advocacy in helping individuals achieve their goals.

Known for being reliable, adaptable, hardworking, and compassionate, Irene is someone her colleagues and the individuals she supports can always count on. Her dedication is reflected in the mottos that guide her work:

"Opening Doors to Meaningful Work and Community Belonging"

"Inclusion in the Community, Success in the Workplace"

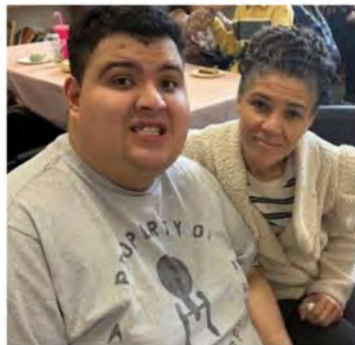
Midland is grateful for Irene's unwavering commitment and the positive impact she continues to make in the lives of the adults we serve.



MUFFINS *with* MOM



There's nothing sweeter than sharing muffins, smiles, and meaningful moments with Mom.

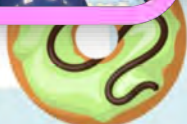
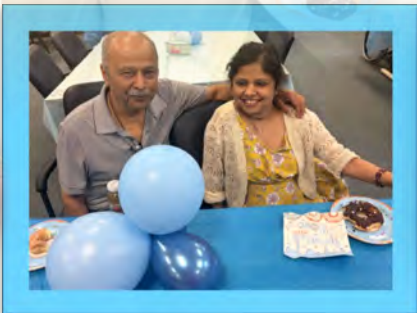




DONUTS with DAD



There's nothing better than sweet quality bonding moments and smiles!



Wellness Corner



Michele Casey, RN
BSN, CDDN, CSN-NJ,
Director of Nursing

As the warmer months approach, the Health Office would like to share a few important reminders to help keep our students, staff, and individuals we serve healthy, safe, and comfortable this summer season.

Please remember to drink plenty of fluids, especially during outdoor activities and hot weather. Increased temperatures and perspiration require the body to replenish fluids more frequently. Water is always the best choice, but most non-alcoholic beverages can also help maintain hydration. Foods with high water content — such as watermelon, cucumbers, strawberries, oranges, and other fruits and vegetables — are also excellent sources of hydration.

One of the easiest ways to monitor hydration is by checking urine color. Ideally, urine should be light or straw-colored. Dark-colored, cloudy, or strong-smelling urine may be a sign of dehydration and indicates that additional fluids may be needed.

Please be sure sunscreen is applied generously before outdoor exposure and reapplied every 30 minutes during extended outdoor activities or periods of excessive sweating. Hats are strongly encouraged for added sun protection. For individuals who may not tolerate wearing hats, please pay extra attention to applying sunscreen to exposed areas including the scalp (if applicable), ears, face, and neck.

The New Jersey Department of Health also offers helpful information and resources regarding summer safety and dehydration prevention.

Thank you for your continued partnership in supporting the health and wellbeing of our Midland community.

Alumni dances



Our Alumni Program has been dancing its way through the spring season with three fun-filled themed events! April kicked things off with a festive Sombrero Hat Dance, followed by a memorable semi-formal celebration in May, and wrapping up in June with a lively beach party!



Each month, alumni gathered with friends for an evening of music, laughter, and plenty of time on the dance floor. Thanks to DJ Jean Marie, every event was filled with energy, great tunes, and unforgettable memories.



These social gatherings provide a wonderful opportunity for alumni to reconnect, celebrate friendships, and enjoy a night out together in a welcoming and inclusive environment.



Stay tuned for next year's schedule of themed dances and special events—we can't wait to make even more memories together!

SUMMER *Vacation in Wildwood!*

From strolling the boardwalk and visiting the aquarium and zoo to enjoying delicious meals and taking in the refreshing ocean breeze, every day was filled with adventure and laughter. Participants also enjoyed relaxing by the pool and jacuzzi, spending time with friends, and creating memories that will last a lifetime. It was a wonderful week of friendship, fun, and unforgettable summer memories.



Wildwood boardwalk



Events

Our Midland community came together for an incredible day of fun, friendship, and fundraising, proudly sponsored by Williams Companies.



**MOVE FOR
MIDLAND
THANK YOU!**



Together, we moved, grooved, and raised more than \$160,000 to support Midland's new playground and outdoor recreation project!

Thank you for your support and making it the best day ever! We can't wait to share updates as this exciting project comes to life!



A HEARTFELT THANK YOU TO OUR SPONSORS, VOLUNTEERS, COMMITTEE MEMBERS, DONORS, ATTENDEES, AND SUPPORTERS WHO HELPED MAKE THIS EVENT A TREMENDOUS SUCCESS. YOUR GENEROSITY IS HELPING CREATE AN INCLUSIVE OUTDOOR SPACE WHERE OUR STUDENTS AND ADULTS CAN LEARN, PLAY, AND THRIVE.





A New Chapter for Rainbowland

Big changes are on the horizon! Construction begins this summer on Midland's new playground—creating a safe, universally accessible, sensory-rich space where recreation, therapy, and learning come together. These preview images offer a glimpse of the exciting features that will help every student thrive through play.



Upcoming Events



Golf Outing



Summer has just begun, but we are already dreaming of a perfect fall golf day 🏌️

The Midland Golf Classic Committee is working hard to plan for our Oct. 5th outing at Hamilton Farm Golf Club. As always, the event will deliver a day of world-class golf and delicious food all to support Midland's life-changing programs and services.

If you are a golfer or interested in sponsorship opportunities, you can learn more on our website here:

<https://midlandnj.org/events/midland-golf-classic/>

Alumni events Save the Dates!

October
16th

Scare-A-Tastic

November
13th

BINGO

December
11th

Holly Jolly Holiday

January
29th

Football Frenzy

March
5th

Country Hoe Down

April
9th

Flower Power

May
14th

Semi-Formal

June
4th

Summer Breeze