

THE



MIDLAND

MONTHLY



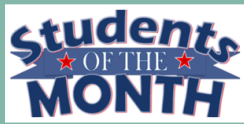
Students emerged from their chairs to dance during the assembly. Thank you to B.A.R.S.: The A.B.C.'s of Hip Hop for an engaging assembly. Baba Bomani's program uses rhythm and rhyme to explain reading and math concepts, such as recognizing syllables and showing how a rapper's flow is simply a number-bond math equation! The students were taught to rap the alphabet backward and learned crucial active listening skills and Black history.



Everyone enjoyed clapping, learning how to rap and getting up to dance. They were really digging this assembly!



The Choice is Yours



The October Social Skills theme was:

Communicating Effectively

Congratulations to our Students of the Month!

- Room 212—Gerald
- Room 217—Destiny
- Room 219—Bryce
- Room 218—Keyla
- Room 220—Gabby

The November Social Skills will be:

Gratitude & Helping Others



School News



Please join us in welcoming our new student, Lorenzo and his family to Midland. Lorenzo has joined Mrs. Engelhardt's class in Room 219. We are so happy you are here!

It was an afternoon of dancing for the 500 Wing students on Friday, October 27th.



Fun with friends, enjoying the music, and hitting the dance floor wearing Halloween attire.



School Spirit Day!

Wear Pink Day



Friday, October 13th

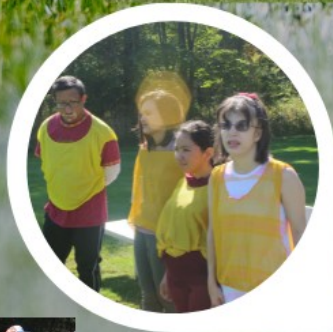


Made by Sadhika I





Intramurals



VS



**WEDNESDAY,
NOVEMBER 1ST
1:40 - 2:40**



Our spectators will join us outside to cheer on their classmates who participated in the soccer intramurals program. After six weeks of practicing soccer skills the students are ready to compete. Go Teams!



The Midland School is presenting a Learning Institute and you are invited:

What Happens After Midland – Life After Graduation

Presented by: Alex Humanick, Skylands Support Coordination
Danielle Weiss, Skylands Support Coordination
And from Midland:
Natalie Swiatek, Director of Strategic Planning
Bill Liberatore, Director of Employment Services
Eric Ware, Asst. Director of Employment Services
Irene Francis, Developer of Business Partnership
Kirk Petrik, Assistant Principal
Tom Enos, Psychologist

When: Tuesday, November 14, 2023
6:30 – 8:00 PM

Where: Live Virtual Webinar via GoToMeeting
(Link will be sent to your email upon registration)
908/722-8222, x101

The transition to graduation – and beyond - can seem daunting. Midland wants to make sure you have the knowledge and support to undertake this transition smoothly, effectively and within the necessary timeline. This presentation will review in detail the steps to take to assure appropriate services and program options available post-graduation. Representatives from Skylands Support Coordination and Midland's own Adult Services will be with us. If you plan to attend this very informative event, please fill email Dr. Tom Enos (enos@midlandnj.org) by Monday, November 13. Hope to see you all on November 14! We want to assure you and your adult students are ready for graduation.

CRAFT & VENDOR SHOW

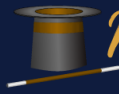
THE MIDLAND SCHOOL

Saturday – November 4TH
11 am – 3 pm

FREE ADMISSION!

94 READINGTON ROAD
NORTH BRANCH

Get a jump start on your holiday shopping.



Magic at the Museum with Midland

and PNC

featuring Magician Henry Carlyle

Sunday, November 19
Morris Museum
Doors Open 5:30 PM

Fundraising event! Come and have a magical night and support Midland. To order tickets, copy and paste link below.

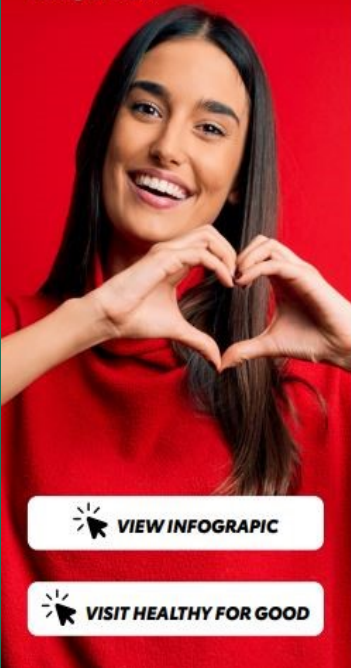
<https://interland3.donorperfect.net/weblink/weblink.aspx?>



American Heart Association.

SIMPLE WAYS TO PRACTICE GRATITUDE

We all could use a little more positivity & encouragement, especially when starting something new. Click the link below for quick & easy ways you can jump-start your journey to becoming Healthy for Good.



VIEW INFOGRAPHIC

VISIT HEALTHY FOR GOOD

November



Smashed Red Potatoes

SERVES 5 / SERVING SIZE 1/2 CUP

- | | |
|--|--|
| Ingredients | • 1 Tbsp. shredded or grated Parmesan cheese |
| • 1 lb. small red potatoes (about 7), quartered | • 1/8 teaspoon salt |
| • 1 cup low-fat buttermilk | • 1/8 teaspoon pepper |
| • 3 Tbsp. thinly sliced green onions (green part only) | |

Directions

Put the potatoes in a medium saucepan. Pour in enough water to cover them. Bring to a boil over high heat. Reduce the heat and simmer for 10 to 15 minutes, or until fork-tender. Drain well in a colander. Return to the pan.

Meanwhile, in a small saucepan, heat the buttermilk over medium-low heat for 5 to 7 minutes, or until hot, making sure it doesn't boil. Remove from the heat.

Using a potato masher, mash the potatoes, adding enough buttermilk to make them creamy (you may not need all the buttermilk). Add the remaining ingredients, stirring just until blended.

Tip: Over-beating mashed potatoes may cause them to become gummy. The best way to avoid this is to use a potato masher rather than a food processor or electric mixer. You can also achieve good results with a food mill, but it removes the nutritious potato skins. The amount of liquid needed (buttermilk in this recipe) depends on how hot and well drained the potatoes are when mashed and how warm the liquid is.

Nutritional Facts

Calories	90	Cholesterol	3 mg
Total Fat	1.0 g	Sodium	139 mg
Saturated Fat	0.5 g	Total Carbohydrate	17 g
Trans Fat	0.0 g	Dietary Fiber	2 g
Polyunsaturated Fat	0.0 g	Sugars	3 g
Monounsaturated Fat	0.0 g	Protein	4 g

Dietary Exchanges: 1 starch

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TRANSITION MADE EASY



A PRESENTATION ON THE TRANSITION PROCESS INTO THE DIVISION DEVELOPMENTAL DISABILITIES (DDD)



NOVEMBER 14, 7-8 PM

WHAT WE WILL COVER:

The Step-By- Step Transition Process

Medicaid Eligibility

Support coordination and choosing the right agency



Contact:

Trisha Bailey
856-685-9217
cnjsc@njcaregivers.org

Caregivers of NJ will be offering LIVE Zoom Presentations throughout the Fall to discuss the step-by-step transition process for students transitioning into the DDD system.

The Live Zoom Presentations for this month is November 14th from 7:00-8:00 PM. Please copy and paste this link to register.

<https://us02web.zoom.us/j/8566859217>

Attention parents of children ages 2-7




Special Olympics New Jersey offers a Young Athlete Program for younger participants. This program is not part of Midland School's Track and Field event in May. This program is independent of Midland School and may occur on weeknights or weekends.

Designed for children ages 2 through 7, the Young Athletes Program with and without intellectual disabilities and to introduce them to **Special Olympics New Jersey**. Our program focuses on **inclusive sports play** that teaches balance, jumping, and kicking skills. Your athlete will be able to learn and improve their **social skills**, like taking turns and playing with teammates, build their **self-confidence**, and have the opportunity to **play as a family** and meet new friends.

Please cut and paste the link below for more information and to register your child if interested.

<https://www.sonj.org/sports/young-athletes/>


LINDAMOOD-BELL
LEARNING PROCESSES



= A Lindamood-Bell® Testing for you! =
(\$.1050 value)

Take the first step on your path to success.

An accurate Learning Ability Evaluation is the first step in teaching individuals to learn to their potential.

Learning Skills Measured

- Sounding out words
- Word reading
- Paragraph reading
- Reading comprehension
- Spelling
- Vocabulary
- Math

The Evaluation Process

- Identification of strengths and weaknesses
- Standardized academic and literacy tests
- Evaluation results explained

An appointment for the evaluation and consultation is required. Please call to schedule at one of our Lindamood-Bell Learning Center locations in the United States, United Kingdom, or Australia. For a location near you, visit us online at LindamoodBell.com

©Lindamood-Bell Learning Processes GR-AP-Austin Pathways Certificate 2022

Lindamood-Bell Learning Process is offering two families a complimentary "Learning Ability Evaluation." All others can take advantage to receive an "Evaluation Referral Discount."

Lindamood-Bell Learning Process offers a comprehensive Learning Ability Evaluation, the first step we take in teaching individuals to learn to their potential. Our evaluation uses standardized measures to identify individual strengths and weaknesses in learning. After the evaluation, the center director will meet with the family to discuss the results and the recommendation(s) for remediation. You can visit lindamoodbell.com to view the Guide to the Magic of Learning, which offers a comprehensive look at our Learning Centers and the variety of services we provide in those recommendation(s) to help students succeed. If you want to learn more, please contact Megan Bowlin, M.A. Ed., Center Director, at (973)-644-2202 or email megan.bowlin@lindamoodbell.com.



Partners in Education

Thank you for thinking of us when you know someone in need of intensive language and literacy remediation.

Please share this offer as needed—entitles the recipient to a

\$149 Evaluation Rate

(a \$1050 value)

Over 35 years of Helping Individuals Learn to Their Potential



Celebrations!



"You're not one year older; you're one year better". Midland wishes you everything that brings joy in life.

Happy Birthday!

TO EVERYONE BORN IN NOVEMBER

STUDENTS

Keyla
Spencer
Destiny
Antonio
Princy
Tomas
Andrew
Carlo

STAFF

Mrs. Forte
Ms. McKnight
Ms. Nurnberger
Mrs. Munro
Mr. Singer
Ms. Beaufort



*happy
birthday*

November Calendar



November 1st	Parents Spectate soccer—1:40-2:40 PM
November 4th	Craft/Vendor Fair - 11:00-3:00 PM
November 6th	Student Council Meeting
November 7th	Picture Make-up day Election Day Assembly School Spirit Day (Wear Patriotic colors)
November 10th	Early Dismissal—1:00 PM
November 14th	Virtual Learning Institute -6:30-8:00 PM
November 20th	Student Council Meeting
November 22nd	Early Dismissal—1:00 PM Jump-a-thon 9:40-11:00
November 23rd— November 24th	School Closed Thanksgiving Break