

THE



MIDLAND

MONTHLY

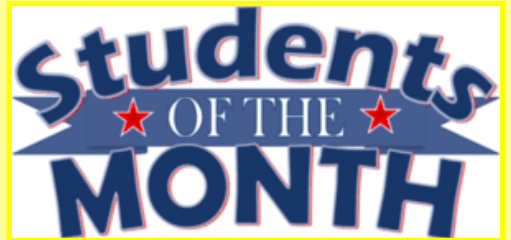
Welcome spring!



VOLUME 14 ISSUE 8

APRIL 1, 2023

The Choice is Yours



The March Social Skills theme was: Problem Solving

Congratulations to our Students of the Month!

212 - Christian

217 - Bianca

218 - Rishika

219 - Marco

220 - Gabby

Celebrations

Wishing you a birthday that is as special as you are, and may all your birthday dreams come true!

Student Birthdays:

Isaiah

Bianca

Angel

Kyah

Christian

Darius

Staff Birthdays:

Mr. Dornick

Dr. Enos

Ms. Finn

Ms. Krizan

Mrs. Peterson-Gurak

Ms. Russell

Mrs. Trzeciak

School News

On Wednesday, March 8th, we celebrated Hoops for Heart in support of the American Heart Association. Our students raised money, played basketball and cheered on their friends!



The luck of the Irish was with us on St. Patrick's Day. Friday, March 17th was a fun day of wearing green, catching leprechauns and enjoying our shamrock shakes!



The 4:1 Ratio

Positive praise is a powerful tool for increasing desired behavior. In Aubrey Daniels book “Bringing Out the Best in People”, he discusses something called the 4:1 ratio. The 4:1 ratio is a guide to ensure positive praise is being delivered more frequently than corrective statements. For every 1 corrective statement you give (sit down, be quiet, you need to listen), you should deliver 4 behavior specific praise statements (thank you for raising your hand, good job waiting, I love the way you’re working). When you start the behavior change process, often times the first thing we do is provide feedback on the behaviors we don’t want to see without focusing on behaviors we want to see or want to increase. The more you catch an individual doing the right thing, the less you should have to catch them doing the wrong thing. The more you use the 4:1 ratio, the more you will see yourself identified as reinforcement for an individual which will help build positive relationships while simultaneously increasing desired behavior!

Resource links:

<https://www.aubreydaniels.com/41-ratio>

<https://www.aubreydaniels.com/store/books/bringing-out-the-best-in-people>

<https://biasbehavioral.com/four-simple-ways-to-use-a-4-to-1-ratio-of-positive-praise-that-actually-work>

Examples:

Behavior: screaming

4 positives:

1. “I love your quiet voice.”
2. “Thank you for being so quiet.”
3. “You’re working so quietly.”
4. “Good job walking quietly in the hall.”

1 corrective:

1. “Remember to be quiet in class.”

Behavior: hitting

4 positives:

1. “Thank you for keeping your hands to yourself.”
2. “I love your quiet hands.”
3. “Good job keeping your hands quiet.”
4. “Wow, nice quiet hands.”

1 corrective:

1. “Please don’t hit.”

April Calendar

Wednesday, April 5

Crazy Hair Day

**Friday, April 7—
Friday, April 14th**

**Spring Break—
School Closed**

Monday, April 17th

School Reopens

**Friday, April 21st
1:30 p.m.**

**Earth Day
Assembly**

**Friday, April 28th
1:40 p.m.**

**Aladdin Jr.
the musical**

